St Christopher's Netball Club (Inc)

Player and Grading Information

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• All trials will be held at Fremantle Netball Association, High Street Fremantle.
• It is compulsory to attend all trials, if you wish to be named in a team.
• Do not attend trials if you have not registered prior and paid fees in full or made arrangements: admin@stchristophersnetballwa.com
• If you are unable to attend a trial please email the Coaching and Player Development Committee: cdc@stchristophersnetballwa.com
• At time of registering please consider all other commitments that may clash with your daughter’s training schedule held on Tuesday. If you are unsure please e-mail the Club prior to registration.
• Please note teams are not arranged in school years, they are allocated on year of birth. This is a Fremantle Netball Association requirement.

Net (Born in 2013 - 2012)
We will again run a Net Program in line with Netball WA for 6 – 7 year olds. This will be an 8 week program held on a Tuesday afternoon for 1 hour commencing on 4 May 2019 and concluding on 28 May 2019. Groups will have a specialist coach who will teach them the basic skills of netball. Registrations for this program will be sent in late March 2019. Cost – To be advised.

Set Grade (Born in 2011 and 2012)
Skills Session 1: Tuesday 19 February, 5.00 - 6.00 pm
Skills Session 2: Tuesday 26 February, 5.00 - 6.00 pm
Skills Session 3: Tuesday 5 March, 5.00 - 6.00 pm
Team Training: Tuesday 19 March Times to be advised (as per team allocation)

Go - G Grade (Born in 2010) and Go – F Grade (Born in 2009)
Trial 1: Tuesday 19 February, 5.00 - 6.15 pm
Trial 2: Tuesday 26 February, 5.00 - 6.15 pm
Trial 3: Tuesday 5 March, 5.00 - 6.15 pm
Training 1: Tuesday 19 March Times to be advised (as per team allocation)

Trial 1: Tuesday 19 February, 5.00 - 6.30 pm
Trial 2: Tuesday 26 February, 5.00 - 6.30 pm
Trial 3: Tuesday 5 March, 5.00 - 6.30 pm
Training 1: Tuesday 19 March Times to be advised (as per team allocation)

Junior A & B grades (Born in 2004, 2005)
Trial 1: Tuesday 19 February, 5.30 – 6.30 pm
Trial 2: Tuesday 26 February, 5.30 – 6.30 pm
Trial 3: Tuesday 5 March, 5.30 – 6.30 pm
Training 1: Tuesday 12 March Times to be advised (as per team allocation)

Under 17’s
Trial 1: Tuesday 19 February, 6.30 – 8.00 pm
Trial 2: Tuesday 26 February, 6.30 – 8.00 pm
Trial 3: Tuesday 5 March, 6.30 – 8.00 pm
Training 1: Tuesday 12 March Times to be advised (as per team allocation)

Under 19s and Seniors
Trial 1: Tuesday 19 February, 7.00 – 9.00 pm
Trial 2: Tuesday 26 February, 7.00 – 9.00 pm
Trial 3: Tuesday 5 March, 7.00 – 9.00 pm
Training 1: Tuesday 12 March Times to be advised (as per team allocation)
Selection Policy and Procedure

Principles

Grading is the process of establishing the number and composition of the St Christopher’s Netball Club teams to compete in the Fremantle Netball Association (FNA) competition.

Procedures

Before grading commences the Coaching and Player Development Committee devise a selection Grading Committee for each age group. This grading committee generally is made up of one person who is familiar with a number of players in that grade, one person who has no/limited knowledge of players in that grade, and one additional selector.

The selectors use the following:

1. **Match Play:** During the last round of the season, the Coaching and Player Development Committee watch and assess the players during their match play.
2. **Coach’s report:** At the end of each season, the coach submits a report based on each of the player’s skill, sportsmanship, attitude and performance throughout the season. The insight of the coach’s knowledge of the players is extremely valuable as it provides in-depth information on each of the players.
3. **Trial sessions:** During these sessions, all players in the same age group are competing against each other to gain selection in a team. It is important for both players and parents to realise that the positions they register are the positions they will mainly be trialed in. Being a versatile player often proves to be advantageous.

All players will be observed looking at the following criteria:

- **Footwork/Movement Skills**—for example balanced landing and moving; demonstrating good body control; changing direction effectively and appropriately.
- **Ball Handing**—for example catching effectively; passing accurately; using a variety of passes in appropriate situations; using more advanced skills such as baulking; one hand control and passing on either side.
- **Attacking Skills**—for example moving into or creating space with basic leads; dodges and changes of direction, using a variety and/or combination of attacking moves, an awareness of the use of space, shooting action and accuracy, using more advanced skills such as double dodge, half and full roll, front cut.
- **Defending Skills**—for example recovering to 3 feet, getting hands over the ball, shadowing effectively, effective footwork, body control and positioning, defending from front, side and back, defending the shot, using more advanced skills such as sagging, anticipating and positioning for intercepts, communicating, switching with and covering team mates.
- **Perception/Cognition Skills**—for example, awareness of space, players, ball and game situations, on-court decision-making, timing of movement and pass release, pass selection, “reading” the play, concentration, performance under game pressure.
### Additional Grading Considerations

1. **New players**
   New Players to the Club have the opportunity to demonstrate their skills to the Grading Committee on the trial evenings. It is essential, that all new players attend these trial sessions.

2. **Two players vying for the same position in the same team:**
   If there are 2 players vying for the same position in the same team, who cannot be separated by skill level or development, the following may apply:
   - The player who is deemed by the current committee to have played for the club the longest or is the better Club Person, will be awarded the position.
   - Definition of a Club Person; is an active member that supports the club or provides a service to the club as either a committee member or officer of the Club

3. **State League Athletes (Junior or Senior), Metro League or FNA Representatives:**
   All players will be graded in their appropriate age group. Girls who have been selected in a State League or an Association Representative Team will not receive automatic selection into top team of that age group. Players will be placed in a team / grade that are appropriate to their skill level and allows for a good team balance in consideration to her playing position.

4. **Age**
   All girls are graded in year of birth, not school year as per FNA requirements. Within that year group, players are graded on ability, NOT friendship groups - so please prepare your child for this outcome.

5. **Teams**
   St. Christopher's works hard to ensure team grading is conducted fairly and effectively. The Coaching and Player Development Committee oversee each team to ensure they are balanced. Players and parents are urged to be objective and reasonable with their expectations. Once teams are announced it is the Club's policy not to move a player to another team unless there is an exceptional circumstance.

   At time of registering please consider other commitments that may clash with your daughter's training schedule held on Tuesday. If you are unsure please e-mail the Club prior to registration.

6. **FNA Grading**
   Once teams are finalised St Christopher's registers the teams and submits a suggested grade to FNA with evidence such as the past year results. FNA considers the submission in their grading decisions and determines the final grade for that team.
Withdrawals
If you decide to withdraw after registering, you will need to apply in writing for a refund. Please note: St Christopher’s fees of $100 is non-refundable.

Consents
I give consent for the player details to be used for all administrative tasks within the Club including the sharing of contact details with coaches, managers and other Club officials. This also includes forwarding information to FNA, Netball WA and Netball Australia for registration purposes.

Photo Permission
I acknowledge that the St Christopher’s Netball Club and/or Fremantle Netball Association (FNA) may from time to time use my or my child’s photograph publicly to promote the netball club or FNA. I confirm that by submitting this registration form I am giving the Club and/or FNA my permission and authority to use my or my child’s photograph publicly to promote the netball club or FNA. I understand that the images may be used in print publications, online publications, presentations, websites, and social media. I also understand that no royalty, fee or other compensation shall become payable to me or to my child by FNA or the Club by reason of such use.

Medical Information:
St Christopher’s Netball Club must be informed of all allergies and medical conditions, if any, upon registration. If you/your daughter has a medical management plan (severe asthma or anaphylaxis reaction), a copy must be provided to St Christopher’s Netball Club.
St Christopher’s Netball Club must be notified of any changes to a player’s condition that may affect their care during the netball season.

Insurance information
For insurance purposes and claimed to be processed, players must:
On training days: Advise your coach or team manager if an injury has been sustained.
On match days: Go to the FNA First Aid Room even if the injury has occurred during the warm-up or game play.

If an ambulance is required for you or your child to be transported from FNA, the ambulance cost is not covered under the FNA insurance policy. Please ensure you have the appropriate health cover.

Training Schedule:
Will be advised closer to the time of Team Announcement.
All trainings are held at Fremantle Netball Association and trainings will either be 1 – 1.5 hours in duration.
At time of registering please consider all other commitments that may clash with your daughter’s training schedule held on Tuesdays’. If you are unsure please e-mail the Club prior to registration.
Coaching

St Christopher’s Netball Club is one of the largest clubs at FNA, fielding 37 teams in the 2018 season. A Club of our size requires a great number of volunteers, including coaches. We strongly encourage parents and players to get involved by offering to coach or co-coach a team. Coaching does require a time commitment, but the rewards are many. The Club provides each coach with a coach’s manual, exclusive access to netball resources through the Club’s online coaches lounge, plus the opportunity to attend coaching courses and clinics run by the Club, FNA or Netball WA. In most instances, the Club reimburses all or part of the costs associated with such courses.

Unlike many other clubs, St Christopher’s has a committee dedicated to the development and support of its coaches. Every coach is buddied up with a Coaching and Player Development Committee (CAPD) representative who is there to answer any questions coaches may have, and to support and assist at training and on game day.

Throughout the season, training sessions incorporating skill development and refinement, drills, strategies and tactics, will be made available to coaches.

We also provide our members (junior, senior and non-playing) the opportunity to participate in St Christopher’s Coach Mentorship Program to coach alongside an experienced coach within the Club. In the case of junior members, this may contribute to their community service hours as required by their School (please check directly with your School).

A Working With Children card is required for coaches over 18 years old and who are not a parent of the team they are coaching.

If you are interested in coaching for St Christopher’s or joining the Coach Mentorship Program please contact: cdc@stchristophersnetballwa.com.

Please note: The Coach Mentorship Program is open to JA, JB, U17, Senior players, and non-playing adults.

Umpiring

Umpiring is a great opportunity to learn more about the game you play.

**Trials:** All players born 2002 - 2005 are expected to umpire one timeslot of trials. A roster will be set up and players will be notified of when they are required. This is a great introduction to those girls who have not umpired previously to be nurtured in a non-threatening environment. All new, junior umpires are provided with a whistle and rule book at the first trial.

**Season:** For every game St Christopher’s play, we are required by FNA to supply an umpire on match day. Our umpiring co-ordinator will allocate an umpire for each team.

The club will organise umpiring courses / sessions throughout the season for those who wish to improve their confidence in this role. Please contact our Umpiring Co-ordinator:

A Working With Children card is required if the umpire is over 18 years old.

If you would like further information about being a part of the umpiring squad please contact our Umpiring Squad please e-mail: umpiring@stchristophersnetballwa.com
St Christopher’s Netball Club carry a limited stock of the netball playing uniform and therefore will need to be ordered. All uniforms can be ordered on-line with their registrations. There will be an opportunity for members to try on Playing dress for sizing during the three trials.

**Uniform**

Playing Dress: $60 (compulsory)  
“Saints” Playing Socks: $12 (non – compulsory) ***New for 2019***  
Green zip-up Jacket: $70 (non - compulsory)  
“Saints” Caps: $10 (non – compulsory)  
Training Top: $35 (non – compulsory) Great for coaches & girls to wear over their dresses whilst warming up on game day and at trainings.

Members will be notified when they are able to collect their uniforms.  
If you have any queries please contact: uniforms@stchristophersnetballwa.com
All members, whether player, parent, coach, umpire, spectator or committee member of the St Christopher’s Netball Club are reminded of their expectation and commitment to uphold the Club’s Code of Conduct, as well as the Fremantle Netball Association Code of Conduct

Player Code of Conduct
1. Play by the rules of Netball.
2. Respect all umpires, officials, coaches and administrators.
3. Demonstrate positive sportsmanship behaviour to all players, officials and coaches.
4. Listen to your coach and accept, without complaint, advice and instruction.
5. Contact your coach if you cannot attend training or a game well ahead of time.
6. If unwell, please advise the coach the day prior to match day to enable time to find a replacement player (if required).
7. If you are injured you may still be required to attend training and/or games.
8. Be on time to trainings and game day.
9. Be well prepared: drink bottle with your name marked clearly on it, nails short, hair tied back, appropriate footwear and clothing, no jewellery and a change of clothes in wet weather.
10. Always be positive and encourage your team members.
11. If a player does not attend training, the coach has the right to minimize court time for that player.
12. The coach has the right to remove a player from the game should they deem a player’s behaviour is not appropriate.
13. The coach has the sole right over which player plays in any given position at any time.
14. Agree to and abide by the St Christopher’s Social Media Policy
15. Attend umpiring commitments including rostered umpiring timeslot during trials (players born 2000 - 2004)
16. Attend club functions.

Parent Code of Conduct (for players under 18)
1. Encourage your daughter to play within the rules of the game.
2. Respect officials, volunteers and coach’s decisions, and teach your daughter likewise.
3. Show appreciation for all volunteers in our Club and at FNA.
4. Do not use inappropriate language towards players, officials and coaches.
5. Have your daughter at training on time and at their game at the required time.
6. Contact the coach if your daughter cannot attend training or a game well ahead of time.
7. If unwell, please advise the coach the day prior to match day to enable time to find a replacement player (if required).
8. Always support the coach. Please do not approach the coach regarding your daughter during trainings and, during and immediately after the completion of a game.
9. Make a time with the coach to discuss your daughter. If there is a concern please e-mail the Coaching and Player Development Committee: cdc@stchristophersnetballwa.com
10. Attend your daughter’s training from time to time to check on their behaviour and the respect they are showing to their coach.
11. When your daughter is off the court, please encourage them to remain with the coach and other reserves, and continue to support the team.
12. Attend all compulsory meetings and events.
13. Agree to and abide by the St Christopher’s Social Media Policy
14. Be willing to help when needed.
**Umpire Code of Conduct**

Umpiring is an important part of our game and is a great way to learn more about the game you play, whilst keeping fit.

St Christopher’s expects all umpires (players born 2004 or earlier) to abide by the following:

1. Umpire as per the team roster during the season.
2. Arrange alternative umpire from within the team the fortnight prior to rostered duty.
3. Arrive at the rostered duty at least 10 minutes prior to game time, with a whistle and a way to monitor centre passes (e.g. hair tie, ring)
4. Umpires must wear appropriate clothing, i.e. white T-shirt over St Christopher’s playing uniform and/or shorts. Bike pants are not permitted.
5. Give your absolute best during the game - umpire like you want to be umpired
6. Complete the online umpire’s exam (free) [http://wa.netball.com.au/umpire-officiate/accreditation](http://wa.netball.com.au/umpire-officiate/accreditation) prior to the first game of the 2019 season. Please e-mail or hand certificate to Umpiring Co-ordinator either during the trials or at training.

**Coach Code of Conduct**

1. Be a good role model for your team and parents.
2. Respect all officials, coaches, all players and administrators.
3. Teach your team to play within the rules of the game and encourage positive sportsmanship.
4. Communicate to your team and parents in a timely manner of any changes to trainings and/or game play.
5. Please be prepared to start training at the agreed time, be on time on game day to start your team warm-up.
6. Communicate and work with Coaching and Player Development Committee, and coaches within your age group to enhance your coaching skills.
7. Be enthusiastic, assertive, consistent, friendly and fair.
8. Ensure the safety of all participants.
9. Maintain discipline throughout the session.
10. Be organised - plan each training session, game strategies and player positioning well in advance.
11. Takes notes / stats during the game for feedback during interval.
12. Be able to justify, if necessary, why things are being done.
13. Treat everyone fairly, and inclusive of all participants in your team.
14. Please encourage reserves to remain with the coach.
15. Agree to and abide by the St Christopher's Social Media Policy
16. Refrain from using your mobile phone during trainings and games.
17. Produce a Coach’s report on each player at the end of the season as well provide the Club information of games played and Fairest and Best Awards.
18. Attend all compulsory meetings and events.

Completion of your Registration and Payment of Fees is taken as acceptance of the information outlined in this document.


The club reserves the right to withdraw your membership if you fail to comply with our St Christopher's Netball Club Player and Grading Information document.
**Important Dates**

Trials Commences: 19 February 2019

Team Training Commences: 12 March 2019 Junior A & B grade, U17s, U19s & Seniors
19 March 2019 Junior C grade & below

First Game: 4 May 2019

Byes: 1 June 2019, 6 July 2019, 13 July 2019

Last Fixtured Game: 31 August 2019

Wind-up Set & Go: 8 September 2019 (TBC)

First Semi Finals: 7 September 2019

Preliminary Final: 14 September 2019

Grand Final: 21 September 2019

Wind-up:
Junior E – A / U17/ U19 / Senior 22 September 2019

**Contact Details**

**Administration** (general enquiries, records, social and payment plans): admin@stchristophersnetballwa.com

**Registrations**: registrations@stchristophersnetballwa.com

**Coaching and Playing Development Committee** (teams, training, players, grading, selections, coaching, managing etc): cdc@stchristophersnetballwa.com

**Umpiring** (rosters, training, development): umpiring@stchristophersnetballwa.com

**Uniforms**: uniforms@stchristophersnetballwa.com

**Property** (ball, bibs, game bag equipment etc): property@stchristophersnetballwa.com

**Other useful links:**

Netball WA: http://wa.netball.com.au


Fremantle Netball Association: http://www.fremantlenetball.com.au