



St. Christopher's Netball Club (Inc).

Medical Clearance Form for Return to Netball

Return to Play After Injury or Illness

Concussion Procedures at Fremantle Netball Association must be followed.

The patient must attend First Aid room at FNA for assessment on game days

The patient receives a copy of the FNA form to be completed by a Doctor of Medicine for clearance.

At training or outside of netball this club form is to be completed to return to sport, which must be returned to the club prior to participating in netball training and games.

The patient receives a copy of the relevant Concussion in Sport Australia – Return to Sport Protocol (for children 18 years of age or under, or for adults over 18 years of age), based on their age.

Patient Information

- **Name:** _____
- **Date of Birth:** _____
- **Email:** _____
- **Date of injury / illness:** _____

Medical Clearance

I, **Dr.** _____, Certify that the examination of this person reveals no contraindication to return to netball in keeping with the Concussion in Sport Australia Return to Sport Protocol for adults over 18 years of age/ children 18 years of age or under (attached) or other contraindications that would impact the return to the below level of netball:

1. **The patient is cleared to return to Netball, playing and training at the level identified below:**

[insert age and playing division below]

☐ **Yes**, patient is cleared to train and play as of dates listed below

☐ **No**, patient is not cleared to play and requires further assessment

Date cleared to train from: _____ / _____ / 20____

Date cleared to play from: _____ / _____ / 20____

Doctor's Details

- **Doctor's Name:** _____
- **Practice Name where clearance was issued:** _____
- **Practice Phone Number:** _____

Signature

- **Doctor's Signature:** _____ **Date:** _____