



## ST. CHRISTOPHER'S NETBALL CLUB



# NEWSLETTER

CONTACT: [ADMIN@STCHRISTOPHERSNETBALLWA.COM](mailto:ADMIN@STCHRISTOPHERSNETBALLWA.COM)

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 CHAIN SYSTEMS AUSTRALIA |  athlete alliance

## February 2025

### Welcome to the 2025 Season at St. Christopher's Netball Club!

Dear Saints Family,

Welcome to another exciting season at **St. Christopher's Netball Club**! Whether you're a new member joining us for the first time or a returning player, coach, umpire, or supporter, we're thrilled to have you as part of our community.

Our club is built on a love for netball, teamwork, and fostering a supportive environment where players of all ages and skill levels can learn, grow, and enjoy the game. We are incredibly grateful for our dedicated committee, coaches, volunteers, and families who work behind the scenes to ensure a smooth and successful season.

With registrations, trials, and preparations well underway, we are gearing up for another fantastic year on and off the court. Be sure to stay connected through our **emails, social media, and website** for important updates on games, training, uniforms, and club events.

We would like to extend our thanks to our **key sponsors, Athletes Alliance** and **Chain Systems Australia**, for their continued support. Their support and commitment to Saints play a vital role in the success of our club, and we truly value the partnerships.

See you on the courts!

From the *St. Christopher's Netball Club Committee*



#### CHAIN SYSTEMS AUSTRALIA

Chain Systems Australia is the exclusive distributor of Brevetti Stendalto cable chains and extra flexible cables in Australia and New Zealand.

We are contactable on:

Email: [Info@chainsystems.com.au](mailto:Info@chainsystems.com.au)

Phone: +61 8 6268 0460 [WA]

Phone: +62 2 9071 7343 [NSW]

→ <https://www.chainsystems.com.au/>





## Uniforms & Merchandise

We're excited to continue our partnership with **Vayda Sport** for the 2025 season! 🇦🇺

Our **club uniform shop** offers a fantastic range of **merchandise** including:

-  Scarves
-  Visors
-  Club Bags
-  Hoodies
-  **NEW** Indigenous Range – Available in T-Shirts & Singlets

Our **playing uniforms** and **umpires' kits** are also available through Vayda.

⚠️ **ALL orders needed for season commencement must in by 05.03.2025.**

*Orders can be taken after this date but guarantee for round one can not be given.*

**New FNA-Approved Playing Uniforms.** We now have two approved playing uniform options for FNA:

1. The standard dress with black bike shorts underneath
2. A singlet and shorts combination

**Please note:**

- The red uniform shorts are not approved to be worn under the dress.
- Dresses must be longer than black bike shorts worn under the dress.

 **Shop Now:** [Vayda Sport - St. Christopher's Netball](#)

The club also has a [St Christopher's Buy & Sell Uniform](#) Facebook page for members to utilise to sell and buy used uniform items.

You can access all uniform links on our website too!

## Club Governance

Our constitution, by-laws, and policies are essential to the smooth running of our club. You can find all these important documents on our website, ensuring transparency and keeping all members informed.

## Umpiring Development and Opportunities

Umpiring is a vital part of our game, and we are committed to helping you **develop your skills, gain confidence**, and become part of our club's umpiring squad. If you're looking to improve your umpiring or would like to get more involved, please reach out to us at [umpiring@stchristophersnetballwa.com](mailto:umpiring@stchristophersnetballwa.com).

FNA offers several informal umpiring sessions as well as structured training programs. The Junior Umpiring Development Program (JUDP) applications for this year have already concluded, but they will be calling for applications for next year towards the end of the season. If you're 18 or older and interested in the **Adult Umpiring Development Program (AUDP)**, please let us know, and we'll keep you informed when the next program begins. The club will cover the cost for any open player who completes the AUDP.

For those interested in **club-based umpiring training**, please contact Laura at the email provided. We believe that supporting our umpires with the right tools and education is essential for ensuring everyone can umpire with confidence.

Laura – Umpiring Coordinator: [umpiring@stchristophersnetballwa.com](mailto:umpiring@stchristophersnetballwa.com)



## Round 1 – 03 May 2025

The countdown is on for the start of the Fremantle Netball Association's winter competition, set to begin on Saturday May 3rd, 2025! As always, training with Saints will be held on Tuesday nights. Stay tuned for further details—coaches and team managers will share team information and confirm details for team training times and game day times after the team announcements.



## Net Set Go (6-10 yo) – Term 2 Program!



We're currently accepting expressions of interest for our Net Set Go program catering to 6 -10-year-olds, boys and girls welcome. To ensure the successful delivery of the program, we need to gather sufficient numbers of interested participants. Rest assured; all registered expressions of interest will be contacted to communicate the outcome. Thank you for your cooperation and understanding.

Club contact: Admin@stchristophersnetballwa.com.au SUBJECT: NSG - Attn: Suzy

Register interest here: <https://forms.gle/dk7TnEnkW5wdShFD9>

## Players Wanted! REGISTER NOW!!!

We're looking for a final few players to join our teams and invite our members to help promote these opportunities:

- **3 players for the U16 competition (born 2009)**
- **2 - 5 players for the U10 competition (born 2015)**

We appreciate your support in sharing these opportunities with your wider networks and friends outside the club. Thank you in advance for helping us grow!

Club contact: Admin@stchristophersnetballwa.com.au SUBJECT: CAPD (DOB) registration

## We want to hear from you!

At St. Christopher's Netball Club, we love recognising and celebrating the accomplishments of our members—whether in netball or beyond! From representing state and national squads in swimming or athletics to being selected for WANL teams and the FNA 'Sharks' Futures, we're excited to hear about your successes. If you have an achievement you'd like to share, please email us at [admin@stchristophersnetballwa.com](mailto:admin@stchristophersnetballwa.com). We can't wait to celebrate you!



## Athlete Alliance Pre-Season Sessions

Thanks to our club sponsor, Athlete Alliance, we're excited to offer pre-season training sessions for our Open, 18&U, 16&U, 15&U, and 14&U teams. Stay tuned — players in these grades will receive more details via email, and we'll also share updates on our social media channels!



## Stay connected

 **Contact Us:** Admin@stchristophersnetballwa.com

 **Follow Us for Updates:**

 Instagram: [@stchristophersnetballclubwa](https://www.instagram.com/stchristophersnetballclubwa)

 Facebook: [St. Christopher's Netball Club WA](https://www.facebook.com/St.Christopher's-Netball-Club-WA)

 **Private Members' Group:** [Join Here](#) (membership questions must be answered)

 **Website:** [www.stchristophersnetballwa.com](http://www.stchristophersnetballwa.com)





**athlete alliance**



## PARTNERSHIP OFFER!

St Christophers Netball Club and Athlete Alliance unite! Unlock exclusive athletic development services designed to elevate your netball game to the next level.

### ELITE ALLIANCE MEMBERSHIP

Tailored Programming  
Individually Assigned Coach  
Access to Group Training Sessions  
Access to Quarterly Basic Testing

**\$57 per week**  
15% Off!

### REMOTE ALLIANCE MEMBERSHIP

Tailored Programming  
Individually Assigned Coach  
Access to our Training App

**\$28 per week**

### ONE ON ONE

Individualised Session  
Strength & Power  
Speed & Agility

**\$90 per session**

### PERFORMANCE TESTING

Strength & Power Assessment  
Comparison to Age & Gender Norms  
Individualised Report  
Track Progress and Areas for Improvement

**\$220**

### PERFORMANCE TESTING + SPEED ANALYSIS

Strength & Power Assessment  
Comparison to Age & Gender Norms  
Individualised Report  
2D Biomechanical Speed Analysis

**\$280**



Mount Lawley - Perth College



South Perth - Wesley College

FOR MORE INFORMATION CONTACT ATHLETE ALLIANCE

[admin@athletealliance.com.au](mailto:admin@athletealliance.com.au)

OR

[www.athletealliance.com.au/contact](http://www.athletealliance.com.au/contact)